

## REPORT

### INTERNATIONAL YOGA DAY (21<sup>ST</sup> JUNE)

**Date** : 21<sup>st</sup> June 2020  
**PLACE** : WhatsApp Group  
**NAME OF INSTITUTION** : SICA S. S. SCHOOL, Sch. No. 78

June 21<sup>st</sup> is celebrated as The International Day of Yoga all over the world. This day was proposed by our Prime Minister Mr. Narendra Modi. According to him Yoga is an invaluable gift of India's ancient tradition. So, since 2015, every year on 21<sup>st</sup> June we celebrate International Yoga Day.



The International Yoga Day was celebrated on 21<sup>st</sup> June 2020 by the students of SICA-78 Primary School.

Students of class I to V performed important Asans and Pranayams. All the students were excited and energetic. They shared the videos of the same on the class WhatsApp group.